Tips for Wearing Solar Eclipse Glasses

Use expert-approved solar eclipse glasses to view a solar eclipse safely and without damaging your eyes.



Check for safety standards.

Make sure glasses meet safety requirements and are manufactured with the **ISO**

12312-2 standard.

Look for ISO standard labeling on eclipse glasses and purchase them from a trusted source.



Wear your solar eclipse glasses at all times.

Wear your solar eclipse glasses at all times when watching an annular or partial solar eclipse and during a total eclipse except during the very brief time the sun is in total eclipse.



Check the fit.

Disposable eclipse glasses are designed to fit both children and adults, but check the fit before putting on eclipse glasses or providing them to a child.



Check for damage.

Check your solar eclipse glasses for damage before using them. If the lenses of your solar eclipse glasses appear torn or scratched, they are not safe to use.





Prevent Blindness has partnered with companies for the manufacture and sale of Prevent Blindness solar eclipse viewing glasses that **meet the safety requirements of ISO 12312-2 filters for direct observation of the sun.**

Talk to an eyecare professional about the additional ways to keep your eyes safe while viewing a solar eclipse.

For more information, visit: PreventBlindness.org/eclipse

